

Welcome to

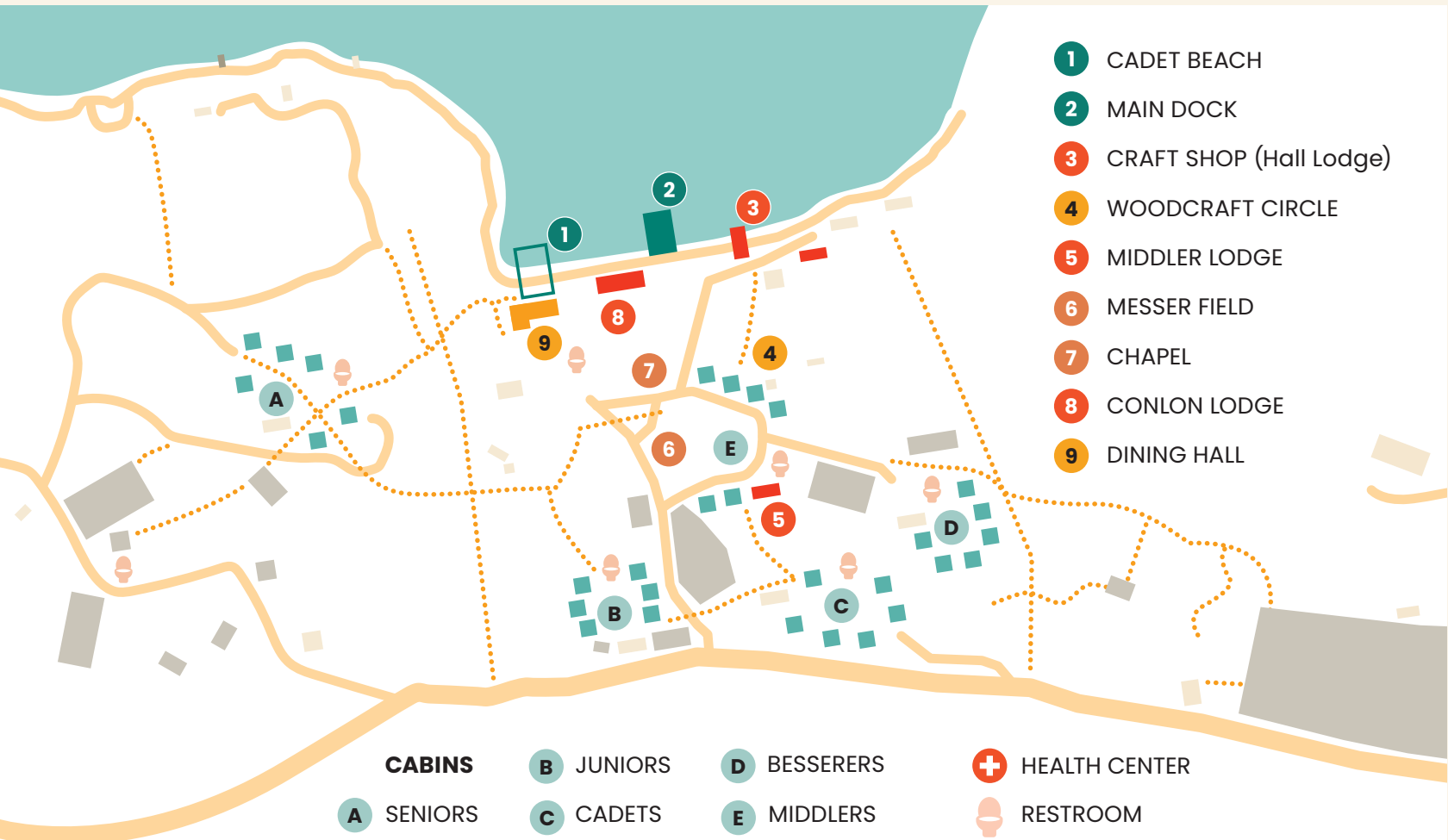


### BELKNAP CAMP TIPS

- Check-in is at Conlon Lodge. If you arrive late, please locate a staff member or call 943-777-3565.
- Fruit and low-pro snacks are available in the Dining Hall all camp long.
- Please wear your name tags - it helps us get to know each other!

- There are scales, water, and supplies for mixing formula in the Dining Hall.
- Dish soap and brushes for washing formula containers and water bottles are available at the sink near the Dining Hall coffee station.
- There is an ice machine inside the Dining Hall, a large refrigerator inside the Dining Hall to store formula, and small refrigerators in each division lodge.
- Fill your bingo card to win a prize by visiting tables and posters at the Community Fair, participating in activities, and more!
- Have fun!

**NEED HELP?** flok staff will be wearing red flok Family Camp tees on Thursday and Friday!





# 2025 Itinerary

## DAY 1: Thu, Sept 18

- 4:00 – 5:15 PM **8** Check-In
- 5:15 – 5:30 PM **7** Vespers
- 5:30 – 6:30 PM **9** Dinner & Announcements
- 6:30 – 7:00 PM **7** Welcome & Orientation
- 7:00 – 8:15 PM **6** Ice Breaker Activity
- 8:15 – 10:00 PM **8** Hangout Time, Games, & Campfires

## DAY 2: Fri, Sept 19

- 7:30 – 8:15 AM Early Riser Activities
- 8:15 – 9:00 AM **9** Breakfast
- 9:10 – 9:30 AM Sign Ups & Camp Duties
- 9:45 – 10:45 AM Program Activities
- 11:00 – 11:45 AM **1 2** Free Swim & Boating
- 12:00 – 12:45 PM **9** Lunch
- 12:45 – 1:45 PM **9** Small Groups & Teen Connect
- 2:00 – 3:30 PM Program Activities
- 3:45 – 4:45 PM **1 2** Free Swim & Boating  
Cooking Activity
- 5:15 – 5:30 PM **7** Vespers
- 5:30 – 6:30 PM **9** Dinner
- 6:45 – 8:15 PM **8** Low Phe Life (Animated Series)
- 8:15 – 10:00 PM **2 8** Boat Cruise, Board Games, & Silent Disco

## DAY 3: Sat, Sept 20

- 7:30 – 8:15 AM Early Riser Activities
- 8:15 – 9:00 AM **9** Breakfast & Community Fair
- 9:10 – 9:30 AM Sign Ups & Camp Duties
- 9:45 – 10:45 AM Program Activities
- 9** Back to Basics Cooking Workshop
- 9** Kids Cooking Activity
- 11:00 – 11:45 AM **1 2** Free Swim & Boating
- 12:00 – 12:45 PM **9** Lunch
- 12:45 – 1:45 PM **9** Community Fair
- 2:00 – 3:30 PM **6** flok Olympics & Group Photo
- 3:45 – 5:00 PM **8 5** Science Update & Kids Activities
- 5:15 – 5:30 PM **7** Vespers
- 5:30 – 6:30 PM **9** Dinner
- 6:45 – 8:15 PM **1 2** Free Swim & Boating
- 8** Board Games & Crafts
- 8:30 – 10:00 PM Campfires & Songs

## DAY 4: Sun, Sept 21

- 7:30 – 8:15 AM Early Riser Activities
- 8:15 – 9:15 AM **9** Breakfast
- 9:10 – 9:30 AM Sign Ups & Camp Duties
- 9:45 – 10:45 AM Program Activities
- 11:00 – 11:45 AM **1 2** Free Swim & Boating
- 12:00 – 12:45 PM **9** Lunch
- 12:45 PM Clean up & Check out

### Program Activities

- Archery
- Boat Cruise
- Canoeing
- Climbing Tower
- Crafts
- Field Games
- flok Cooking Workshop
- flok Olympics
- Low Phe Life
- Ropes Course
- Science Update
- Waterskiing, and more!

### Anytime Activities

- Baseball
- Basketball
- Bizou Ball
- Frisbee Golf
- Sandy Beach
- Soccer
- Tennis
- Tetherball
- Volleyball
- Pickleball

**1** CADET BEACH

**3** CRAFT SHOP

**5** MIDDLE LODGE

**7** CHAPEL

**9** DINING HALL

**2** MAIN DOCK

**4** WOODCRAFT CIRCLE

**6** MESSER FIELD

**8** CONLON LODGE

See other side for Creekside map