

Welcome to

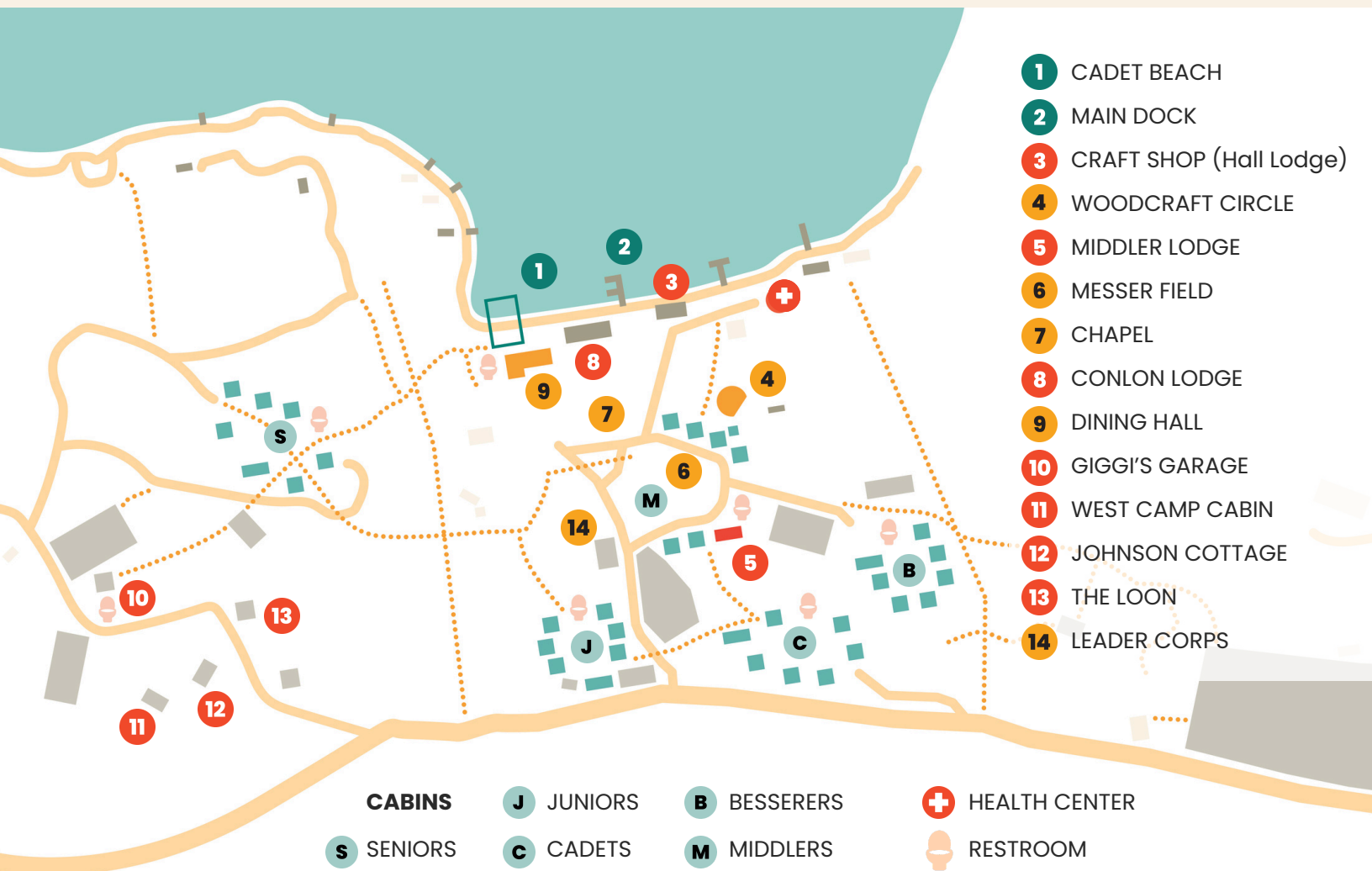


BELKNAP CAMP TIPS

- Check-in is at Conlon Lodge. If you arrive late, please locate a staff member in a **royal blue** flok t-shirt.
- Fruit and low-pro snacks are available in the Dining Hall throughout the weekend.

- Please wear your name tags—it helps us get to know each other!
- There are scales, water, and supplies for mixing formula in the Dining Hall.
- Dish soap and brushes for washing formula containers and water bottles are available at the sink near the Dining Hall coffee station.
- There is ice available inside the Dining Hall, a large refrigerator inside the Dining Hall to store formula, and small refrigerators in each division lodge.
- Fill your scavenger hunt card to win a prize by visiting tables and posters at the Community Fair, participating in activities, and more!
- Have fun!

NEED HELP? flok staff will be wearing **royal blue** flok Family Camp tees on Thursday and Friday!



Presented by:

B:OMARIN

With additional support from:

PTC
THERAPEUTICS

CAMBROOKE
ARCTURUS
THERAPEUTICS

CYCLE
PHARMACEUTICALS
eTon
PHARMACEUTICALS
FINCH
HEALTH

KILELE HEALTH
NUTRICIA
Otsuka
Vitalo

Nexus
Patient Services
Orsini
ZOIA
A Patient Company

And our sponsors:



Itinerary

Support our Camp
Fundraiser!



DAY 1: Thu, Sept 17

- 4:00 – 5:00 PM **8** Check-In
- 5:30 – 7:00 PM **9** Dinner & Announcements
- 7:00 – 7:30 PM **7** Welcome & Orientation
- 7:30 – 8:00 PM **8** Mixer Games
- 8:15 – 10:00 PM **8** Hangout Time, Games, & Campfire

DAY 2: Fri, Sept 18

- 7:30 – 8:15 AM **8** Coffee with flok & Early Activities
- 8:15 – 9:00 AM **9** Breakfast
- 9:10 – 9:30 AM Sign-ups & Camp Duties
- 9:45 – 10:45 AM Program Activities
- 11:00 – 11:45 AM **1 2** Free Swim & Boating
- 8** Camp Store
- 12:00 – 12:45 PM **9** Lunch
- 12:45 – 1:45 PM **9** Small Groups
- 2:00 – 3:30 PM Program Activities
- 3:45 – 4:45 PM **1 2** Free Swim & Boating
- 9** Pickle-Making Workshop
- 8** Camp Store
- 5:15 – 5:30 PM **7** Vespers
- 5:30 – 6:30 PM **9** Dinner & Announcements
- 6:45 – 7:45 PM **8** flok Together Show
- 8:15 – 10:00 PM **2 8** Boat Cruise, Board Games, & Silent Disco

DAY 3: Sat, Sept 19

- 7:30 – 8:15 AM **8** Coffee with flok & Early Activities
- 8:15 – 9:00 AM **9** Breakfast
- 9:10 – 9:30 AM Sign-ups & Camp Duties
- 9:45 – 10:45 AM Program Activities
- 9** Sauce Theory Cooking Workshop
- 9** Kids Cooking Activity
- 11:00 – 11:45 AM **1 2** Free Swim & Boating
- 8** Camp Store
- 12:00 – 12:45 PM **9** Lunch
- 12:45 – 1:45 PM **9** Community Fair
- 2:00 – 3:15 PM **9** Group Photo
- 6** flok Olympics
- 3:45 – 4:45 PM Program Activities & Family Photos
- 5:15 – 5:30 PM **7** Vespers
- 5:30 – 6:30 PM **9** Dinner & Announcements
- 6:45 – 7:45 PM **8** Science Night
- 3** Board Games & Crafts
- 5** The Nest – 8 & under
- 8:15 – 10:00 PM **4** Candlelight Fire
- 2** Boat Cruise

DAY 4: Sun, Sept 20

- 7:30 – 8:15 AM **8** Coffee with flok & Early Activities
- 8:15 – 9:00 AM **9** Breakfast
- 9:10 – 9:30 AM Sign-ups & Camp Duties
- 9:45 – 10:45 AM Program Activities
- 11:00 – 11:45 AM **1 2** Free Swim & Boating
- 12:00 – 1:00 PM **9** Lunch then Check Out

Program Activities

- Archery
- Boat Cruise
- Canoeing
- Climbing Tower
- Crafts
- Field Games
- Cooking Workshop
- Olympics
- The flok Together Show
- Ropes Course
- Science Night
- Waterskiing, and more

Anytime Activities

- Softball
- Basketball
- Bizou Ball
- Frisbee Golf
- Sandy Beach
- Soccer
- Tennis
- Tetherball
- Volleyball
- Pickleball

1 CADET BEACH
2 MAIN DOCK

3 CRAFT SHOP
4 WOODCRAFT CIRCLE

5 MIDDLE LODGE
6 MESSER FIELD

7 CHAPEL
8 CONLON LODGE

9 DINING HALL
SEE OTHER SIDE FOR BELKNAP MAP