



# Know Before You Go!

## Getting to Camp

### LOCATION DETAILS

- Camp Belknap is located at 11 Chase Point Road, Mirror Lake, NH 03853.
- Online mapping tools will navigate you reliably to camp.
- Follow the signs to park at the Dining Hall and check-in at Conlon Lodge.
- If you need assistance finding camp, please call Kristen at 943-777-3565 or Camp Belknap at 603-569-3475.

### ARRIVING HEALTHY

If you or any family members have been ill in the 10 days prior to attending camp, we ask that you call and talk with Kristen at 943-777-3565.

### PLEASE LEAVE AT HOME

Alcohol, tobacco (including vaping), illegal substances, fireworks, weapons, and pets/animals are prohibited.

## Packing List

### PLEASE BRING THE FOLLOWING:

#### BEDDING & TOWELS

- Bed Sheets (twin size)
- Pillow and Pillowcase
- Warm Blankets/Sleeping Bag
- Bath & Beach Towels

#### CLOTHING & SHOES

*Prepare for all weather*

- Warm Layers
- Socks and underwear
- Swimsuits- bring 2
- T-shirts, shorts, and pants
- Sweatshirt, light jacket, and long sleeve shirt
- Warm robe
- Shower bag or tote
- Pajamas
- Sunhat
- Running/Athletic Shoes
- Sandals/Flip-flops
- Rain Jacket/Poncho

#### MEDICATIONS &

#### DIETARY SUPPLIES

- Formula
- Prescriptions, supplements, etc.
- Tube feeding supplies
- Personal meds for pain, allergies, or stomach upset (RN on site will have basic first aid supplies)

#### OTHER ESSENTIALS

- Toiletries (shampoo, body wash, soap, toothbrush, toothpaste, deodorant)
- Bug spray
- Sunscreen and aloe
- Sunglasses
- Goggles
- Reusable water bottle
- Camera
- Flashlight
- Ziploc bags (for wet things and special treasures)
- Backpack or mesh bag for walking around camp and lake activities
- Phone chargers, favorite blanket, sound machine, etc.
- Pack-n-play if needed for little ones
- Spending money for extra swag
- Reading materials

#### EQUIPMENT (OPTIONAL)

- Tennis Racket
- Baseball Glove
- Fishing Pole

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